

# LIBERATION SCHOOL SOUTH



## FAQ

### **1. Do I have to relocate to attend Liberation School South?**

No, you do not have to relocate. Liberation School South is a cohort in the south that will gather online and at two retreats. The Liberation School South co-coordinators will travel to your town for a collaborative event with your community.

### **2. Do I have to live in the South?**

Yes. We are deeply committed to uplifting healing justice work and expanding our networks in the south as an often under-financially resourced region paired with rich cultural traditions of resistance and making it work. Focusing in the South also makes it possible for the cohort to have more in-person time.

The co-coordinators all live and work in the South (Tennessee and Kentucky).

### **3. When do we meet?**

As a whole cohort, we meet in-person twice. December 7-9, we will meet in Louisville, Kentucky for a three day retreat of medicine making and relationship building. Your attendance is required as this will be the foundation of our work together. The second gathering will be April 18-21, at the Highlander Center for a 4 day retreat of skill building and sharing out our learnings.

The site visits will be a collaborative effort between the co-coordinators and you to bring something meaningful to your community. This could manifest into anything from a yoga retreat to a workshop on conflict and transformational justice to herbal medicine making class.

Orientation will take place online in November 2018. After orientation, the School will convene online in small groups monthly and as a whole cohort twice between January and April 2019.

Exact dates and times have not been determined and will be announced at a later date. Sessions will likely take place on weekdays during the evening (EST).

#### **4. What is the structure?**

The structure of Liberation School South is emergent and holistic; responding to the needs of the cohort.

That being said, there are foundational teachings around the role of spirituality and healing in movements for change, history of healing justice and social justice in the US and beyond, and practices for healing and building resiliency, understanding trauma and learning exchanges with other participants, co-coordinators and guest teachers.

The cohort and co-coordinators will journey with you to support your local healing justice work in the world and dream up ways to do that work in ways that are sustainable and healing for you.

#### **5. How much time can I expect to spend each week?**

You can expect to commit about 5 hours per week to Liberation School South.

The School is meant to be integrative and support the work/projects you are currently involved in. However, a new project may require more time. We will gather on Zoom calls monthly. There will be work associated with planning the local site visits; the time that takes up is flexible depending on the dreams and capacity of the team.

#### **6. What is required for me to apply?**

Applicants for Liberation School South must live in the South (Alabama, Arkansas, DC, Florida, Georgia, Kentucky, Louisiana, Maryland, Mississippi, Missouri, North Carolina, South Carolina, Tennessee, Texas, Virginia, and West Virginia).

The ideal applicant will have the desire to center healing and spirituality in movements for change and in their changemaking work.

Applicants must also have the ability to participate in the onsite retreats in Louisville, Kentucky December 7-9 and at the Highlander Center in east Tennessee, April 18-21.

### **7. Do I have to apply as a team?**

Yes. We don't do this work in isolation and the healing that our communities need stretch far beyond our individual capacities. So for the sake putting something real into the world, we know we are stronger when we work together.

Don't be afraid to tap the people you've been wanting to work with. Filling out the application together can be the perfect start to new and transformational relationships.

### **8. The application is really in-depth, is there an alternate way to apply?**

At present we are a small team and are unable to conduct individual interviews with potential participants. We want to know about you, your visions, hopes and experience so we can assemble the best possible cohort.

Please answer as many questions as you wish, to the best of your ability. If you would prefer to submit an audio recording or video application over a written one, that is also acceptable.

Audio/video applications may be submitted to [liberationschoolsouth@gmail.com](mailto:liberationschoolsouth@gmail.com).

### **9. I do not have the \$1900 tuition. Should I still apply?**

Yes, please apply. We can set up flexible payment plans and are offering partial/full scholarships.

Your acceptance does not hinge on your ability to pay. Additionally, many folks have been successful securing leadership development funds from their workplaces and by raising money through sites such as GoFundMe.

We are happy to consult with you around fundraising possibilities.

You will be responsible for your travel costs associated with the two retreats in Kentucky and Tennessee.

## **10. I submitted my application, now what?**

Congratulations, we are so happy you applied. You will hear from a team member with an acknowledgement of your application and requesting any additional information that may be needed. Applications close on September 30th, 2018.

Our team is ready to invite the Liberation School South cohort in the beginning of November. If you are accepted, you will receive an orientation packet and healing justice syllabus. If you are not accepted, we look forward to staying in community with you as we grow our movements for change by centering spirituality and healing.

## **11. What is the language of Liberation School? South**

The primary language of the staff is English, with some bilingual speakers. We are committed to creating a multi-lingual space.